



**Lokmanya Tilak Jankalyan Shikshan Sanstha's**  
**PRIYADARSHINI BHAGWATI COLLEGE OF ENGINEERING**  
Harpur Nagar, Umred Road (Near Bada Tajbagh), Nagpur-24  
(Approved by AICTE, New Delhi, Govt. of Maharashtra  
and affiliated to Rashtrasant Tukdoji Maharaj Nagpur University)  
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## **Faculty Development Program** **Academic session 2021-2022**

### **Report on Expert Lecture on “Art Living”**

1. Event Title : Expert Lecture on “Art Of Living ”
2. Event Date : 29/10/2021
3. Event conduction duration : 12.30 pm to 1.30 pm
4. Event venue : Seminar Hall, 1<sup>th</sup> Floor, PBCOE, Nagpur
5. Event resource person : 1)Ms Shilpa Sapate, Ranium Pvt Ltd,
6. Name of Event Coordinator: Ms.A.A.Nikose
7. Number of Faculty : 40
7. Objective : Increased mental focus, relieves anxiety and depression, increases levels of optimism, improved emotional regulation and others
8. Outcome : Harmonious relationships with parents, family, friends & community in order to experience a good, peaceful, and mutually happy life



*Amikose*

*NK*

Signature of I/C Faculty Development Cell  
(Ms.A.A.Nikose)

Dr N. K. Choudhari  
Principal